



Frayser-Raleigh Senior Center
3985 Egypt Central Road
Memphis, TN 38128
901-383-9101

May 2013

**Chef's Salad plates available
if requested by 10am.**

**Lunch served
Monday - Friday
11:30am - 12:30pm
\$4 Members, \$5 Guests
Take-Outs
\$5 Members, \$6 Guests**

**Take-Outs will be prepared after all
present have been served.**

MENU SUBJECT TO CHANGE!

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Peppersteak Over Rice California Mix Salad, Bread Dessert	2 Fried Chicken Baked Beans Potato Salad Slaw, Bread Dessert	3 <u>Bridge Group</u> Meatloaf Creamed Potatoes Green Beans Salad, Bread Dessert
6 <u>Bridge Group</u> Fried Fish Mac & Cheese Sweet Peas Salad, Bread Sugar Cookies	7 Cheeseburger w/trimmings French Fries Dessert	8 <u>Salad Plates</u> Chef's, Tuna Or Chicken Breadsticks Dessert	9 <u>Norene</u> Corned Beef & Cabbage Potatoes, Salad, Bread Lemon Cake	10 <u>Mother's Day Lunch</u> Turkey & Dressing Green Beans Cranberry Sauce Salad, Bread Dessert
13 <u>Bridge Group</u> Hamburger Steak Creamed Potatoes Veggie, Salad, Bread Chess Pie	14 Chicken Pot Pie Fruit Salad, Bread Dessert	15 <u>Creative Aging</u> Roast Beef Vegetables Salad, Bread Dessert	16 <u>Vegetable Plate</u> Turnip Greens, Beets Sliced Tomatoes Creamed Corn Dessert	17 <u>Bridge Group</u> Taco Salad Fruit Tortilla Chips Dessert
20 <u>Bridge Group</u> Chicken Casserole Baked Apples Salad, Bread Bread Pudding	21 Chili Hot Dog Corn Chips Slaw, Dessert	22 Sub Sandwich w/trimmings Potato Soup Homemade Cookies	23 <u>Frances</u> Country Fried Steak Field Peas, Fried Okra, Cuke & Onion Salad, Bread, Apple Cobbler	24 <u>Bridge Group</u> Baked Fish Pasta, Peas Salad, Bread Dessert
27 Memorial Day Holiday Center Closed	28 Poppyseed Chicken Rice, Vegetable Salad, Bread Dessert	29 <u>Italian Fest</u> Spaghetti Spinach, Corn Garlic Bread Slaw, Dessert	30 <u>Frances</u> Pork Roast Potatoes & Carrots Salad, Bread Lemon Pie	31 (fund-raiser) Salad Sensation Breadsticks, crackers Dessert