



## NEWS RELEASE

### Memphis Animal Services Hosts Cat Yoga Adoption Event

*Cat lovers invited to "Paws & Reflect" at event at Crosstown Arts Gallery*

**Memphis, Tenn., Feb. 7, 2017** – In partnership with Crosstown Arts and Co-Motion Studio, Memphis Animal Services will host Yoga with Cats, a cat adoption event, at Crosstown Arts Gallery at 422 N. Cleveland on Saturday, Feb. 25, from 10 a.m. to 2 p.m.

MAS will have approximately 10 adoptable cats at the Crosstown Arts Gallery from 10 a.m. to 2 p.m. Adriene Holland, co-owner of Co-Motion Studio, will teach two yoga classes at 11 a.m. and noon during which cats will be free-roaming and interacting with the yogis.

"We've seen cat yoga in some other cities and thought it would be such a fun thing to bring to Memphis," said Alexis Pugh, administrator of MAS. "We love that our sponsors, Crosstown Arts and Co-Motion Studio, are just as excited as we are to give our feline friends a chance to find forever homes."

People can participate by either attending a class at 11 a.m. or noon, or by visiting between 10 to 11 a.m. or 1 to 2 p.m. To attend a class, sign up at <https://form.jotform.com/70456379908166>. The class is free to attend to those who plan to adopt a cat. Participants who aren't able to adopt a cat are asked to make a pay-what-you-can donation. Participants are asked to bring their own yoga mats.

All cat adoptions at the Yoga with Cats event will be \$35 cash-only (nearly half off the regular adoption fee) and will include spay/neuter, microchip, vaccinations, FIV/FeLV test, customized ID tag (to be picked up at the shelter), collar, and a goodie bag from Hollywood Feed.

Yoga with Cats will close out Crosstown Arts' *We Need to Talk*, an open-call exhibition of mementos of lost love and broken relationships open from Feb. 10-25.

*Co-Motion Studio is Memphis' first and only hula hoop studio, sharing the joy of hooping with people of all ages from their Crosstown studio and providing everything from weekly classes, special events, handmade hoops, and offsite programs & services. Adriene Holland is co-owner, lead hula hoop teacher, and resident yoga teacher at Co-Motion Studio. When she's not sharing healthy and creative movement with people, she loves spending time with her cat and dog pals Foxy and Luna.*

*Crosstown Arts is a contemporary arts organization dedicated to further cultivating the creative community in Memphis, providing resources and creating opportunities and experiences to inspire, support, and connect a diverse range of creative people, projects, and audiences. Crosstown Arts is a founding partner, co-developer, and future tenant of Crosstown Concourse, the former Sears Crosstown building.*

*Memphis Animal Services offers a wide range of programs and services including the sheltering of lost and homeless animals, pet adoption and placement, spay/neuter programs, handling of animal control complaints & bite cases, dog licensing, cruelty investigations, humane education, and more. For more information, visit [www.memphisanimalservices.com](http://www.memphisanimalservices.com), call 901-636-1416, or visit the facility at 2350 Appling City Cove.*